

Telemedicine Program

Included in both Associate Choice Plans are telemedicine benefits available through www.1800MD.com or call **800.530.8666**. 1.800MD provides individuals with fast and convenient access to quality medical care 24 hours a day, 7 days a week, and 365 days a year throughout the United States. The 1.800MD program is a cost effective alternative to unnecessary emergency room or urgent care clinic visits, or the inconvenience of traveling to a scheduled appointment with your primary care physician. This service is available during and after normal business hours from home, office, or during travels.

1.800MD saves you valuable time and money. Medical consultations are conducted by board certified, fully credentialed and licensed physicians who diagnose illnesses, recommend treatment and prescribe medications to its members over the telephone, through secure email and video.

In most cases, 1.800MD is perfect for treatment of the following.

- Allergies
- Arthritic pain
- Certain rashes
- Cold/flu
- Gastroenteritis
- Headache/migraine
- Insect bites
- Sprains/strains
- Respiratory infections
- Stomachache/diarrhea
- Sore throat
- Urinary tract infections
- Minor burns
- General information
- Many more non-emergency medical conditions

Simply pick up the phone or go online to schedule a physician consultation, from home, work or when traveling. Physician consultations are guaranteed within two hours and generally take about 15 minutes. Prescriptions, when appropriate, are sent electronically to your pharmacy of choice.

Call: 800.530.8666

■ Log on: www.1800MD.com

